



OPEN MINDS TASTER DAY!

Open Minds is part of Coleg Harlech WEA and provides fun, tailor made learning opportunities aimed at community members who want to improve their mental health and wellbeing and engage in learning.

We are having a taster day on Friday 16th April 2010 at the Methodist Church Hall, Regent Street, Wrexham from 12.00- 3.30pm.

Come along and try out some fun activities!
Watch the demonstrations and then have a go

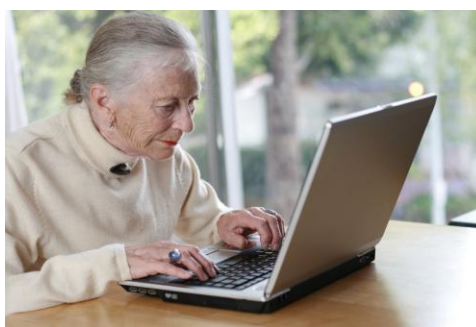
Activities to include:-

- Fun Cookery
- Digital Photography
- Art
- And more!



Lunch provided and a chill out area also available

If you would like to come along please contact your care coordinator or your local support service



For any more info please contact Sarah O'Connell Jones
Open Minds Manager 01248 353254